



Benjamin M. Ostrander

Partner

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Ben is an accomplished lawyer who litigates and facilitates resolution of high-stakes employment and business disputes, with an emphasis on competition and trade secrets matters.

Restrictive covenant disputes make up a significant portion of Ben’s practice. This involves representing companies in non-compete and non-solicit litigation adverse to their competitors and former senior executives. He has handled numerous “corporate-raiding” cases where two major corporations were pitted against each other in a dispute over human capital. Ben also regularly drafts tailored restrictive covenant agreements for clients in various industries.

Ben also represents client in data protection counseling, internal investigations, and litigation involving the theft of confidential and trade secret information. He develops practical and tailored processes for clients in various industries to mitigate data loss. Ben has experience leading internal investigations involving data misappropriation and resulting remediation efforts, and has significant experience successfully prosecuting and defending trade secret actions.

Ben’s practice also includes the representation of dozens of Fortune 500 companies in traditional labor, whistleblower, discrimination, and retaliation disputes and class actions. He brings a practical, business-minded approach to contentious disputes and is frequently called upon to provide risk-management and litigation-avoidance advice to his clients.

Recent Experience

Represented FAGE International S.A. and FAGE USA Dairy Industry, Inc. Modified Dutch Auction Cash Tender Offer For \$50.3 Million of Senior Notes

R1's Acquisition of VisitPay

Settled Discrimination Case for Luxury Brand

Recognitions

Ben was named to *Best Lawyers: Ones to Watch*® in America for Labor and Employment Law-Management and Litigation–Labor and Employment (2021–2023). He was named to *Benchmark Litigation US's* “40 & Under List.” He is also recognized as a “Key Lawyer” in the 2022 edition of *The Legal 500 US*.

Credentials

EDUCATION

Ben received a B.A. in history and political science, with distinction, from the University of Iowa in 2009. He received his J.D., *summa cum laude*, from the University of Notre Dame Law School in 2012, where he served as senior editor of the *Notre Dame Law Review*.

ADMISSIONS

- Illinois

Related Insights & News

BLOG

FTC Adopts Final Ban on Worker Non-Competes

APRIL 23, 2024

RECOGNITIONS

Winston & Strawn Recognized in 2024 *Benchmark Litigation*

OCTOBER 6, 2023

RECOGNITIONS

Winston Partners Named to *Benchmark Litigation's* 2023 40 & Under List

JULY 31, 2023

RECOGNITIONS

Winston Team Led by Michael Roche Featured in Litigator of the Week Column

MARCH 17, 2023

CLIENT ALERT

New Laws and Trends Affecting the Workplace in 2023

JANUARY 23, 2023

RECOGNITIONS

Winston & Strawn Attorneys Recognized in *Best Lawyers: Ones to Watch in America* 2023

AUGUST 18, 2022

CLIENT ALERT

Chicago Strengthens Its Anti-Sexual Harassment Laws

JUNE 30, 2022

RECOGNITIONS

Winston & Strawn Recognized in *The Legal 500 U.S.* 2022

JUNE 8, 2022

CLIENT ALERT

Congress Passes Bipartisan Legislation Banning Forced Arbitration of Sexual Harassment and Assault Claims

MARCH 1, 2022

CLIENT ALERT

OSHA Releases Emergency Temporary Standard for Private Employers

NOVEMBER 5, 2021

RECOGNITIONS

Winston & Strawn Attorneys Recognized in *Best Lawyers: Ones to Watch in America* 2022

AUGUST 19, 2021

CLIENT ALERT

California Supreme Court Complicates Break Premium Calculations – Base Rate of Pay Not Enough

JULY 19, 2021

Capabilities

Labor & Employment

Trade Secrets, Non Competes & Restrictive Covenants

Litigation/Trials

Financial Services

Professional Services

Health Care