

Winston Brings Super Hero Support to Fight Heart Disease

SEPTEMBER 26, 2017

A formidable force of 40 firm members participated in the 2017 Metro Chicago Heart Walk on September 22. Heart Walk helps fund the American Heart Association's vital research and education while engaging local companies and their employees to promote a healthy lifestyle.

Wearing their red capes and red-framed sunglasses in support of the American Heart Association, walkers started at Soldier Field and enjoyed a three-mile trek with views of Chicago's skyline. The temperature was steamy but the breeze off of Lake Michigan provided some relief as participants reached the finish line.

Chicago Office Managing Partner **Linda Coberly** served as Executive Champion for Winston's Heart Walk team, which has raised \$11,683 to support local initiatives such as:

- Getting AEDs placed at airports, schools, and train stations in Chicago
- Providing CPR training for all Illinois high school students as required under Lauren's Law
- Raising the purchase age for tobacco and vaping products from 18 to 21 under Tobacco 21
- Providing funding to Illinois research institutions for accelerating heart and stroke advancements

Many of the Winston Heart Walk team members had personal reasons for walking in support of loved ones and as survivors of heart disease. "It was very heart-warming to see so many people come together for the cause, and particularly special to me because I am a survivor," said one of our walkers. We are pleased to be a part of the American Heart Association's goal of a 20 percent reduction in death and disability from cardiovascular diseases and stroke by 2020.



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