

Winston Hosts Wellness Week in New York

JUNE 14, 2017

June 5-9 was Wellness Week in the firm's New York office, with a variety of resources and activities aimed at enhancing wellness and encouraging healthy habits.

The week kicked off with a seminar on "Overcoming Barriers to Fitness." Attorneys and staff employees enjoyed a refreshing smoothie bar on Tuesday and relaxing massages on Wednesday.

On Thursday, there was a health fair featuring holistic nutrition information, an allergist, dermatologist, healthy snacks, and more. The week concluded with some extra pampering from a cosmetician, who provided mini facials, hand massage, and eye rejuvenation treatments.

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