

Winston Celebrates World Menopause Day with an Informative Presentation by Dr. Barbara Taylor

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As part of the firm's effort to foster an inclusive and understanding work environment, Winston welcomed Dr. Barbara Taylor as our guest speaker for World Menopause Day.

Perimenopause and menopause are transformative phases in every woman's life that are often veiled in silence, especially in the workplace. Dr. Taylor, an obstetrician/gynecologist, and the author of *Menopause: Your Management Your Way* helped us break through this taboo. She provided us with practical advice on how to navigate this natural, but challenging transition with grace and confidence.

This presentation was sponsored by Winston's Diversity & Inclusion Committee.

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