



Sophie Dechaumet

Partner

Paris

+33 1 53 64 82 75

Sophie advises and litigates on behalf of French and foreign clients on all aspects of Employment and Social Security law.

With 20 years of experience, Sophie benefits from a highly experienced practice in all issues of labor law and social security and in the human resources aspects of domestic and cross-border mergers & acquisitions.

Sophie advises her clients on the employment aspects of M&A and private equity transactions, corporate reorganization and downsizing, restructuring, company transfers, collective redundancies, management packages, etc.

Sophie has in-depth expertise in the field of collective employment relations and is involved in high-risk litigation cases.

She regularly assists companies and their managers in departure negotiations.

Prior to joining the Firm, Sophie was a partner and headed the employment department of numerous leading French law firm.

She is fluent in English and French.

Key Matters

Advising **Derichebourg Environnement** in connection with the employment aspects of the acquisition of Ecore Groupe.

Advising **Derichebourg Multiservices** in connection with the employment aspects of the acquisition of Elior Groupe.

Advising Groupe ALSEI in connection with the employment aspects of the acquisition of Perspective Habitat.

Advising **21 Invest France** in connection with the employment aspects of the acquisition of a majority stake in TVH Consulting group.

Advising **Eurofeu Group**, in connection with the employment aspects of the acquisition of Isogard.

Advising **Technology & Strategy** (Ardian's shareholding) in connection with the employment aspects of its partnership with the Novencia group (strategic).

Advising **Polygon** in connection with the employment aspects of the acquisition of BMS Global Sinitres.

Recent Experience

Winston advised the partners of BCF Life Sciences Group in its sale to Sparkfood

Winston represented Eurofeu's partners in the context of IK Partners' majority stake acquisition

Recognitions

Sophie is well-recognized by the international reference guides such as *Legal 500*, *Les Décideurs 2022*, *Le Point lawyers ranking*.

Activities

- Sophie is a lecturer at the Paris Institute of Political Studies (Sciences Po).
- Sophie is a member of several professional networks including AvoSial, a Union of Avocats advising companies in labour and employment law.

Credentials

EDUCATION

Sophie received a MAITR from the University of Versailles.

ADMISSIONS

· Paris, France

Related Insights & News

Publications

- « Conciliation prud'homale : une alternative à la transaction avantageuse pour le salarié », Le magazine de l'ANDRH, December 2024 (link)
- · Author of numerous articles and leads training courses in Employment Law (HEC executive, etc.).

Speaking Engagements

RECOGNITIONS

Winston & Strawn Paris Recognized in The Legal 500 EMEA 2025

MARCH 26, 2025

SPONSORSHIP

Winston & Strawn at IPEM 2025

JANUARY 28, 2025

BLOG

Women Lawyers from the Firm's Paris and London Offices Convene for Day of Connecting and Learning NOVEMBER 22, 2024

RECOGNITIONS

Winston & Strawn Paris Recognized in The Legal 500 EMEA 2024

MARCH 27, 2024

RECOGNITIONS

Winston Paris Teams Win Palmarès du Droit 2024 International Law Firm of the Year Award MARCH 26, 2024

IN THE MEDIA

11 Attorneys Join Winston & Strawn in Paris

MAY 23, 2023

PRESS RELEASE

Winston & Strawn Adds 11 Attorneys in Paris

MAY 15, 2023

Capabilities

Labor & Employment