

Joann Lublin Shares Advice on How to Be a Power Mom

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As part of Winston & Strawn's celebration of Women's History Month, trailblazer, author, and former *Wall Street Journal* careers columnist, [Joann S. Lublin](#) provided insider tips on how to manage a career and parenthood.

Lublin's advice drew upon interviews with 86 executive mothers - spanning three generations - that she conducted while writing her latest book, *Power Moms: How Executive Mothers Navigate Work and Life*.

A former working mother herself, Lublin provided these practical and actionable suggestions:

- Let your children know you enjoy your job and that doesn't diminish how important they are in your life.
- Schedule home deliveries and workers during your pre-Covid commute time if you are working remotely.
- Don't be afraid to ask for help and accept that you are human and imperfect.
- Set aside protected time with your children where they are your only focus.

This presentation was sponsored by the Diversity & Inclusion Committee and our Women's Leadership Initiative. Learn more about Winston & Strawn's diversity initiatives [here](#).

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