

Winston Fields Multiple Teams to Fight Heart Disease

SEPTEMBER 26, 2018

Several Winston offices participated in the American Heart Association's 2018 Heart Walk, which helps fund vital research and education while engaging local companies and their employees to promote a healthy lifestyle.

For the third year in a row, we participated in the [Metro Chicago Heart Walk](#), which was held on September 21. Our 20 walkers for this event made the three-mile trek along Lake Michigan donning their red capes and red-framed sunglasses in support of the fight against the nation's No. 1 killer – heart disease. Office Managing Partner Linda Coberly served as Executive Champion for Winston's Chicago Heart Walk effort, which featured a friendly competition among four teams and raised \$12,545.

Winston Wellness Year of the Heart and Winston for Good also were proud to support the AMA's [Bay Area Heart Walk](#) held on September 14. Our walkers – Cindy Clark, Rachel Rodriguez, Iryna Yursha, Mimi Pascual, Tammy Beauparlant, Linda Hartwig, Narine Levantian, and Sallie Lopes – took off from Justin Herman Plaza for the three-mile walk to AT&T Park for this important cause.

Our firm also was a first-time participant in the [Dallas Heart Walk](#), held on September 8. Firm members Todd Thorson, Martha Huffman, Cheryl Hill, Michael Ballard, Danielle Sloan, Kelly Garvey, Meghan Milsop, and Ian Lim, some with their family members in tow, braved the weather and had a fantastic time supporting a vital cause.



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