Resources on Race, Racism, and How to be an Anti-Racist

Below is a non-exhaustive list of resources on race, anti-racism, and allyship. It includes resources for those who are negatively impacted by racism, as well as resources for those who want to practice anti-racism and support diverse individuals and communities. We acknowledge that there are many resources listed below, and many not captured here. If after reviewing these resources you notice gaps, please email diversityteam@winston.com with your suggestions. We will continue to update these resources in the coming weeks and months.

EXPLORE

The National Museum of African American History and Culture’s web portal, Talking About Race, which is designed to help individuals, families, and communities talk about racism, racial identity and the way these forces shape society

Antiracism Project – The Project offers participants ways to examine the crucial and persistent issue of racism

ARTICLES

75 Things White People Can Do For Racial Justice by Corinne Shutack

12 Things to Do Instead of Calling the Cops by SPROUT DISTRO

3 Things You Should Not Say To Your Black Colleagues Right Now by Adunola Adeshola

A Detailed List of Anti-Racism Resources by Katie Couric

Anguish and Action by Barack Obama

Becoming a Parent in the Age of Black Lives Matter. Writing for The Atlantic, Clint Smith examines how having children has pushed him to re-evaluate his place in the Black Lives Matter movement: “Our children have raised the stakes of this fight, while also shifting the calculus of how we move within it”

Check in on Your Black Employees, Now by Tonya Russell

First, Listen. Then, Learn: Anti-Racism Resources For White People by Julia Wuench

Fighting Racism Even, and Especially, Where We Don’t Realize it Exists: How to Be an Antiracist by Jeffrey C. Stewart

George Floyd Could Have Been My Brother by Rita Omokha

How to Make This Moment the Turning Point for Real Change by Barack Obama

“Not everything that is faced can be changed, but nothing can be changed until it is faced.”

– JAMES BALDWIN
ARTICLES CONTINUED

How White Women Can Use Their Privilege to End Racism. Dr. Tikia K. Hamilton recalls the actions of historical figures and organizations like the NAACP to argue how white women should call out and stand up to aggressors

I Was The Mayor Of Minneapolis And I Know Our Cops Have A Problem by R.T. Rybak

Of Course There Are Protests. The State Is Failing Black People by Keeanga-Yamahtta Taylor

Self-care Tips for Black People Who Are Feeling Overwhelmed by Racism by Rachel Miller

Surviving and Resisting Hate: A Toolkit for People of Color by Dr. Hector Y. Adames & Dr. Nayeli Y. Chavez-Dueñas

The 1619 Project. Take some time to read (or re-read) the entire piece, particularly this essay by Nikole Hannah-Jones

The Case for Reparations by Ta-Nehisi Coates

The Death of George Floyd, In Context by Jelani Cobb

The Unbearable Grief of Black Mothers. Reflecting on coronavirus’ disproportionate impact on Black communities and the relentless murder of Black Americans, A. Rochaun Meadows-Fernandez explains how for Black mothers, grief is “embedded in our being.” This pain inflicts health risks that cannot be ignored

This Is How Loved Ones Want Us To Remember George Floyd by Alisha Ebrahimji

US Businesses Must Take Meaningful Action Against Racism. Writing in Harvard Business Review, professors Laura Morgan Roberts and Ella F. Washington unpack the ways in which racism erodes American society, and how business leaders can proactively respond

Who Gets to be Afraid in America? Writing in The Atlantic, Ibram X. Kendi, Director of the Antiracist Research and Policy Center at American University, compares himself to Ahmaud Arbery — highlighting the fatal consequences of racist fear.

Your Black Colleagues May Look Like They’re Okay – Chances Are They’re Not by Danielle Cadet

You Shouldn’t Need a Harvard Degree to Survive Birdwatching While Black by Samuel Getachew, a 17-year-old and the 2019 Oakland youth poet laureate

TOP BOOK RECOMMENDATIONS

Between the World and Me by Ta-Nehisi Coates

How To Be An Antiracist by Dr. Ibram X. Kendi
TOP BOOK RECOMMENDATIONS CONT.

Just Mercy by Bryan Stevenson

Stamped from the Beginning: The Definitive History of Racist Ideas in America by Dr. Ibram X. Kendi

The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander

What Does It Mean to Be White?: Developing White Racial Literacy by Dr. Robin DiAngelo

White Fragility: Why It’s So Hard for White People to Talk About Racism by Dr. Robin DiAngelo

ADDITIONAL READING SUGGESTIONS

A Spectacular Secret: Lynching in American Life and Literature by Jacqueline Goldsby

Acting White?: Rethinking Race in Post-Racial America by Devon W. Carbado & Mitu Gulati

America’s Original Sin: Racism, White Privilege and the Bridge to a New America by Jim Wallis

Benign Bigotry: The Psychology of Subtle Prejudice by Kristin J. Anderson

Beyond the Pale: White Women, Racism, and History by Vron Ware & Mikki Kendall
ADDITIONAL READING SUGGESTIONS CONT.

*Biased* by Dr. Jennifer Eberhardt

*Black and British: A Forgotten History* by David Olusoga

*Born a Crime: Stories from a South African Childhood* by Trevor Noah

*Brit(ish): On Race, Identity and Belonging* by Afua Hirsch

*Brutal Imagination* by Cornelius Eady

*Charleston Syllabus: Readings on Race, Racism, and Racial Violence* edited by Chad Williams, Kidada E. Williams & Keisha N. Blain

*Disrupting White Supremacy* edited by Jennifer Harvey, Karin A. Case & Robin Hawley Gorsline

*Eloquent Rage: A Black Feminist Discovers Her Superpower* by Dr. Brittney Cooper

*Everyday White People Confront Racial and Social Injustice: 15 Stories* edited by Eddie Moore, Marguerite W. Penick-Parks & Ali Michael
### ADDITIONAL READING SUGGESTIONS CONT.

<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
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<tbody>
<tr>
<td>Feeling White: Whiteness, Emotionality, and Education</td>
<td>Cheryl E. Matias</td>
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<td>Hillbilly Nationalists, Urban Race Rebels, and Black Power: Community Organizing in Radical Times</td>
<td>Amy Sonnie, James Tracy</td>
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<td>Promise And A Way Of Life: White Antiracist Activism</td>
<td>Becky Thompson</td>
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<td>Living Into God’s Dream: Dismantling Racism in America</td>
<td>Catherine Meeks</td>
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<td>Me and White Supremacy</td>
<td>Layla F. Saad</td>
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<td>I’m Still Here: Black Dignity in a World Made for Whiteness</td>
<td>Austin Channing Brown</td>
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<td>Natives</td>
<td>Akala</td>
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<td>Killing Rage: Ending Racism</td>
<td>Bell Hooks</td>
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ADDITIONAL READING SUGGESTIONS CONT.

- **Race Against Time**: A Reporter Reopens The Unsolved Murder Cases of the Civil Rights Era by Jerry Mitchell

- **Race Talk and the Conspiracy of Silence**: Understanding and Facilitating Difficult Dialogues on Race by Derald Wing Sue

- **Race Traitor**: edited by Noel Ignatiev & John Garvey

- **Racism Without Racists**: by Eduardo Bonilla-Silva

- **Raising Our Hands**: by Jenna Arnold

- **Raising White Kids**: Bringing Up Children In A Racially Unjust America by Jennifer Harvey

- **Redefining Realness**: by Janet Mock

- **Rise of the Warrior Cop**: The Militarization of America’s Police Forces by Radley Balko

- **Sister Outsider**: by Audre Lorde

- **So You Want to Talk About Race**: by Ijeoma Oluo
ADDITIONAL READING SUGGESTIONS CONT.

- The Case for Reparations by Ta-Nehisi Coates
- The Emperor Has No Clothes: Teaching About Race and Racism to People Who Don’t Want to Know by Tema Jon Okun
- The Fire Next Time by James Baldwin
- The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs and Scott Kurashige
- The Possessive Investment in Whiteness: How White People Profit from Identity Politics by George Lipsitz
- The Warmth of Other Suns by Isabel Wilkerson
- Towards Collective Liberation: Anti-Racist Organizing, Feminist Praxis and Movement Building Strategy by Chris Crass
- Towards the Other America: Anti-Racist Resources for White People Taking Action for Black Lives Matter by Chris Crass
- Understanding and Dismantling Racism: The Twenty-First Century Challenge to White America by Joseph Barndt
### ADDITIONAL READING SUGGESTIONS CONT.

<table>
<thead>
<tr>
<th>Book Title</th>
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<tr>
<td>Understanding White Privilege: Creating Pathways to Authentic Relationships Across Race</td>
<td>Frances Kendall</td>
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<td>Uprooting Racism: How White People Can Work for Racial Justice</td>
<td>Paul Kivel</td>
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<tr>
<td>Waking Up White, and Finding Myself in the Story of Race</td>
<td>Debby Irving</td>
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<tr>
<td>We Have Not Been Moved: Resisting Racism and Militarism in 21st Century America</td>
<td>Elizabeth Betita Martínez, Matt Meyer &amp; Mandy Carter</td>
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<tr>
<td>We Were Eight Years in Power: An American Tragedy</td>
<td>Ta-Nehisi Coates</td>
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<tr>
<td>When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America</td>
<td>Ira Katznelson</td>
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<td>When They Call You a Terrorist: A Black Lives Matter Memoir</td>
<td>Patrissa Khan-Cullors and Asha Bandele</td>
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<td>White Like Me: Reflections on Race from a Privileged Son</td>
<td>Tim Wise</td>
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<tr>
<td>White Rage: The Unspoken Truth of Our Racial Divide</td>
<td>Carol Anderson</td>
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<tr>
<td>Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race</td>
<td>Beverly Daniel Tatum</td>
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ADDITIONAL READING SUGGESTIONS CONT.

**AGES 3–5**

*Why I’m No Longer Talking to White People About Race* by Reni Eddo-Lodge

*A is for Activist* by Innosanto Nagara

*Witnessing Whiteness* by Shelly Tochluk

*Hair Love* by Matthew A. Cherry. Illustrated by Vashti Harrison

**BOOKS / RESOURCES FOR KIDS**

Resource Roundup to Support Conversations about Race with Kids

20 Resources for Raising Anti-Racist Kids

**AGES 0–3**

*The Snowy Day* by Ezra Jack Keats

*Skin Again* by Bell Hooks

*Sulwe* by Lupita Nyong’o
BOOKS / RESOURCES FOR KIDS CONT.

AGES 3–5 CONT.

*The Colors Of Us* by Karen Katz

*The Youngest Marcher* by Cynthia Levinson, illustrated by Vanessa Brantley Newton

AGES 5–8

*Crown: An Ode to the Fresh Cut* by Derrick Barnes

*Brown Girl Dreaming* by Jacqueline Woodson

*Each Kindness* by Jacqueline Woodson. Illustrated by E.B. Lewis

*Not My Idea: A Book About Whiteness* written and illustrated by Anastasia Higginbotham

*Let's Talk About Race* by Julius Lester

AGES 9–12

*Resist: 35 Profiles of Ordinary People Who Rose Up Against Tyranny and Injustice* by Veronica Chambers, illustrated by Paul Ryding

AGES 12+

*All American Boys* by Jason Reynolds and Brendan Kiely
BOOKS / RESOURCES FOR KIDS CONT.
AGES 12+ CONT.

Dear Martin by Nic Stone

Genesis Begins Again by Alicia D. Williams

Stamped: Racism, Antiracism, and You by Jason Reynolds and Ibram X. Kendi

Stella by Starlight by Sharon M. Draper

The Stars and the Blackness Between Them by Junauda Petrus

RESOURCES FOR PARENTS

Framing Brave Conversations About Race and Ethnicity from Leading Equity Center

George Floyd, Ahmaud Arbery, Breonna Taylor. What Do We Tell Our Children? by Alia E. Dastagir

George Floyd, Racism and Law Enforcement: Table Talk: Family Conversations about Current Events from Anti-Defamation League

Racism and Violence: How to Help Kids Handle the News from Child Mind Institute

Raising White Kids Author On How White Parents Can Talk About Race from NPR’s All Things Considered

Talking Race With Young Children from NPR

Teaching About Racism, Violence, Inequity and the Criminal Justice System from Anti-Defamation League

PODCASTS ON RACE AND RACISM

1619 – a New York Times podcast on how slavery has transformed America

About Race – episodes featuring diverse voices and frank conversations, covering the important topics of race and ethnicity in America

Change Catalyst – Leading with Empathy and Allyship Series

Code Switch, an NPR podcast tackling race from all angles

Dear White Women – a social justice podcast, starting real discussions about racial and social justice. It’s co-hosted by two bi-racial mothers, Sara & Misasha
PODCASTS ON RACE AND RACISM CONT.

Hear To Slay – “the black feminist podcast of your dreams,” with Roxane Gay & Tressie McMillan Cottom

Intersectionality Matters! – a podcast that brings intersectionality to life, featuring the African American Policy Forum and Kimberle Crenshaw

Microaggressions Are A Big Deal: How To Talk Them Out And When To Walk Away from NPR

Momentum: A Race Forward – a podcast featuring movement voices, stories, and strategies for racial justice

Pod Save The People – organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with analysis from fellow activists Brittany Packnett, Sam Sinyangwe, and writer Dr. Clint Smith III

Seeing White, a Scene on the Radio podcast

Still Processing, a New York Times culture podcast with Jenna Wortham and Wesley Morrison

The Leadership Conference on Civil & Human Rights – Pod for the Cause

WHAT TO WATCH

13th: From Slave To Criminal With One Amendment – a Netflix documentary exposing racial inequality within the criminal justice system

The 1965 debate between James Baldwin & William F. Buckley

An hour with Katie Couric on the history of Confederate statues in National Geographic’s America Inside Out

Color Blind or Color Brave – a TED talk featuring Mellody Hobson, who speaks openly about race and diversity in hiring

Dear White People – Netflix series spinoff of the film by the same name by Justin Simien. The series follows the accounts of students attending a predominately white Ivy League institution

I Am Not Your Negro, a documentary envisioning the book James Baldwin was never able to finish
WHAT TO WATCH CONT.

Luvvie Ajayi’s *Get Comfortable with Being Uncomfortable*

Peggy McIntosh’s *How Studying Privilege Systems Can Strengthen Compassion*

*Just Mercy*, a film based on civil rights lawyer Bryan Stevenson’s work on death row in Alabama

*Let It Fall*, a documentary looking at racial tensions in Los Angeles and the 1992 riots over LAPD officers’ brutal assault on Rodney King

Baratunde Thurston explores the phenomenon of white Americans calling the police on Black Americans who have committed the crimes of ... eating, walking or generally “living while Black”

Watch the PBS documentary *Reconstruction: America After the Civil War*, which explores the transformative years after the American Civil War and their impact on Black Americans

*Selma*, a film that chronicles the marches of the Civil Rights Movement

*The Enduring Myth of Black Criminality*, Ta-Nehisi Coates via *The Atlantic*

If you are short on time, watch this clip of Trevor Noah, or this collection of short videos of Black Americans recalling the first time they realized they were Black, or read this op-ed from Kareem Abdul-Jabbar

*The Future of Race in America* (on *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*), Michelle Alexander
WHAT TO WATCH CONT.

The Hate U Give, a film based on the YA novel offering an intimate portrait of race in America

Uncomfortable Conversations With a Black Man – seeks to educate and inform on racism, systemic racism, social injustice, rioting & the hurt African Americans are feeling today

When They See Us, a Netflix miniseries from Ava DuVernay about the Central Park Five

Dr. Robin DiAngelo discusses ‘White Fragility’