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Winston & Strawn’s New York office opened in 1989 and has since grown to become the firm’s second-largest location, housing 200+ attorneys distributed across 24 practice areas. Based in the iconic MetLife Building above Grand Central Station in Midtown Manhattan, our New York lawyers represent 80+ Fortune 500 companies from the city’s business epicenter. Our New York attorneys are tenacious and insightful, and they reflect the diversity for which

New York City is known—52% of the office’s attorneys identify as women, racial/ethnic minorities, and/or LGBTQ+, and several of them chair Winston affinity groups. Our New York office’s welcoming and collaborative atmosphere can be seen through numerous office-wide events, including volunteer opportunities, gatherings to connect over food and drinks, wellness event pop-ups, and annual entry in the NYC Lawyers Basketball League. Creating a connected and supportive setting for attorneys and staff fosters camaraderie and encourages all of us to work harder for one another and our clients.

Outside of their practices, our New York attorneys place great importance on advancing pro bono initiatives and giving back to our communities. In 2022, 100% of our attorneys contributed a minimum of 20 pro bono hours for a combined total of over 20,000 hours. Our pro bono practice supports over 150 nonprofits both globally and locally, and due to our ongoing work with the Legal Aid Society of New York, we have been repeatedly recognized for our dedication to providing legal services to low-income New Yorkers. We are also extremely proud of one of our hallmark pro bono initiatives that supports transgender New Yorkers. Our attorneys created one of the first law-firm-run name change clinics, where we assisted 40 clients in 2022 through the daunting process of an application to the court for a legal name change.

The New York office welcomes over 20 law students each summer for the firm’s 10-week summer associate program, which is filled with substantive work, training opportunities, and social functions. Mock negotiations enable summers to play the role of counsel and guide their clients through a merger, and a mock trial features Winston attorneys and staff in the roles of judge, witnesses, and jurors. Program participants get to know each other and experience a taste of the city through a range of activities, from Brooklyn Bowl and the Harlem Jazz Show to a volunteer event at the New York Food Bank.

“ In the end, people make up a firm, and the people at Winston are the type of people you want to work with and for. ”

Sofia Arguello, New York Partner

Key Contacts

[Mats G. Carlston](#)

New York Managing Partner

New York Career Opportunities

New York Mentor of the Year 2022



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